



# *PEDIATRIC* SCALDS: A Burning Issue

## DO

- Set water heater temperature to no higher than 120°F/48°C, or just below the medium setting
- Create a “no kid zone” in the kitchen around stoves, ovens and hot items
- Keep hot drinks away from the edge of tables and counters
- Use a travel mug with a tight-fitting lid for all hot drinks
- Place pots and pans on the back burner with handles turned away from the edge of the stove

## THE FACTS

- ✓ The average annual cost of scald injuries is \$44 million
- ✓ Over 136,000 children were seen in emergency rooms for burn injuries in 2011
- ✓ 1,100 children die each year from fire and burns



## DON'T

- Leave a child unattended in the bathtub; if you must leave, take the child(ren) with you
- Allow young children to adjust the water temperature or sit near faucet handles
- Set anything hot on tabletops within reach of young children who can pull them down
- Allow appliance cords (slow-cookers, deep-fryers, coffeemakers) to dangle over the counter edge

## THE FIX

*If a burn injury does happen...*

- 1) Cool the burn with COOL (not cold) water to stop the burning process
- 2) Remove all clothing and/or diaper from the injured area
- 3) Cover the area with a clean dry sheet or bandages
- 4) Seek medical attention

American Burn Association  
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